Be inspired!
Watercolor artist Sunghyun MOON

MOON starts each painting session with a brief meditative moment, and then plays some of his favorite songs. He gets his watercolors ready, wets down his paper, and begins to splash and splatter paint in whatever way feels right. This kind of method is called “automatic art” and “action painting” and was made famous by the American artist Jackson Pollock. This kind of painting is very soothing and fun for all ages!

Instructions:

There are at least three ways you can do this project.

- If you have watercolor paints at home, you can prepare your paper by getting it lightly wet. Make sure your watercolors are also wet.
- If you have old markers that seem like they are drying, soak them in cups of water to make your own watercolors!
- If you have acrylic paints, pour a bit of paint into a cup and fill the cup halfway with water.

What worked best for us:

Wet a heavy piece of paper. Use your markers (either soaked in water or a regular marker) to color a solid background onto your paper, or you can keep your background white.

Try holding your paintbrush at different angles; high above or close to the paper. Use different force—a hard splash will make different splatters than light ones. Experiment with different colors and if you want add some glitter at the end! Allow your work to dry. Put it on a flat surface or the paper might curl.

Check out some examples below!